

Solidarity as the vaccin against COVID-19

The COVID-19 crisis is hitting our society hard, but particularly the most vulnerable ones. In those circumstances, organizations such as the Spanish Nueva Vida are working extremely hard in order to get to all people in need of help.

Under the demand of the regional administration, **Nueva Vida** will open a youth camping resort as a sheltering center for homeless people during the COVID-19 crisis. The center will provide basic care to a maximum of 36 people, most of them sent by the biggest Spanish cities social services, and also from the neighboring towns and municipalities.

The center has started working in a record time and has relied upon cooperation with other social institutions and private companies which have donated both financial and material resources.

Apart from covering basic needs, *“the confinement time will be used to maintain positive conversations regarding a life change and to promote civilised coexistence between people used to loneliness and lack of trust for others”*, as pointed out by **Julio David García**, manager of NGO Nueva Vida.

Amongst other activities, the users of the center can have a walk in the grass grounds, enjoy workshops regarding photography, arts, talking groups, sports, and even more. *“We have been opened for a little more than 48 hours and we are convinced that amongst this social alarm crisis we can achieve something good for this marginal and rejected group of people”*, concludes García.

Moreover, since last week, the Association has broadened its main services for risk population which they work with, trying to make them extensive to everyone in need.

The coronavirus crisis has generated emotions which we are not used to manage. In order to face anxiety, nervousness or fear, *“very frequent in isolation scenarios which are typical of these pandemic confinement”*, the NGO has opened its phone lines from where the psychologists team offers ideas and tools *“for people to find easier to accept and take actions in the situation we are currently living in”*.

As a result of these phone requests, the NGO has edited a document with a FAQ which is available in Spanish from its main website.

Apart from this, the organization has, relying upon its volunteering network, start helping out people with disabilities or high contagion risk, develop basic routines such as shopping of essential goods (food, drugstore), walk pets, or unavoidable managements.

In order to know more about Nueva Vida’s work, visit its [webpage](#) and social networks.